



Martinus  
Institut



Christmas  
letter

2023

Dear friends,

**“The universe is a manifestation of the love, instruction and entertainment of a living being directed or aimed towards every single thing in existence.”**

Thus writes Martinus in *Livets Bog* (The Book of Life) 2, sect. 488, where he explains the concept of “thought climates”. As living beings, we have an unshakable and imperturbable centre (the I) that is surrounded by a very changeable atmosphere of energies that, figuratively speaking, contains both sunshine and cloudy weather, rain and drought, storm and stillness, light and darkness – or that which in daily life is better known as joy and sorrow, anxiety and longing, love and hate, and so on.

When Christmas is approaching and the year is drawing to a close, it is for many of us an opportunity to look back at the year that has passed and forward to the year that is to come – often with the desire to understand the world and ourselves a little better. Why is there war and unrest, hatred and revenge, sorrow and sadness and so on in the world around us as well as within us, in our inner world of “thought climates”?

Spiritual science would like to contribute with an attempt at an answer

for anyone who may be interested in its way of explaining life, the human being and the world. The answer is not always concise, unambiguous or simple. Martinus’s works encompass thousands of pages, together forming a complex and cohesive world picture that everyone is free to explore and to try to grasp. His complete works are freely available on [martinus.dk](http://martinus.dk), and there is a wealth of courses, lectures and study groups run by us and others all year round.

For Martinus there is a greater reality behind everything we experience in daily life. It nourishes a more profound hope, a more lasting joy and an entirely new and radically different way of viewing life and the world situation: an extra perspective or a deeper dimension beside the immediate way in which we experience and understand the world with its joys and sorrows, happiness and unhappiness, war and peace, light and darkness. Or – if you like – an insight into an entirely new and more sustainable and luminous set of thought climates.



### The universe is a living being

What is both amazing and encouraging about Martinus's view of the human being, life and the universe is, moreover, that the relationship to our surroundings has a *personal* character. We are – despite its apparent improbability and incomprehensibility – always confronted directly with a gigantic living being (that which he in the quotation above calls the “universe” and in other contexts calls the “Godhead” or “Thou which art in heaven”), a living being that is not in any particular place but is the very entirety of the infinite and eternal universe or cosmos, and that, by virtue of this, has infinite resources to draw upon in its daily interaction or conversation with

each and every one of us. At every moment this being directs these infinite resources towards each and every one of us with the fundamental aim of showing love, of teaching and of entertaining, as Martinus writes in the above quotation.

Martinus strongly recommends that we practice this contact and correspondence with the highest being on a daily basis. He has his own analysis of prayer and guidelines for it, which anyone who is interested in the subject can study in his works, and which can be expressed in, for example, his advice, in any situation in which one feels the need for it, to direct one's attention to “Thou which art in heaven” with the wish to get help from this being in the form of

strength, inspiration and patience to be able to live or deal better with the world situation, one's own thought climates and those of others or whatever may be pressuring you and challenging you in daily life.

A living being that has no favourites. We are all, despite our faults, shortcomings and imperfections, and regardless of our faith or lack of it, loved and valued equally by this incomprehensible being and are the absolute focus of his lasting attention and interest.

It is certainly not experienced or felt as such in daily life for most of us, but Martinus points forward – in his at one and the same time very realistic and optimistic world picture – to where we are headed, from where we are now and forward to the far happier states in the world, in societies and in the individual living being that awaits us in the future.

Conditions that on the one hand are created purposefully and systematically by the living universe from its infinite power, wisdom and love and that on the other hand are created by each of us in daily life through small, tiny, minute efforts and steps in evolution through innumerable mistakes and best attempts. The happier times of the future on this beautiful planet are something we create together, the universe and us, step by step, day by day, moment by moment.

Once again we are approaching the darkest time of the year, but we are conscious that the light will return, just as we, as a part of the universe's eternal evolution, right now are moving towards lighter and lighter thought climates and a new epoch of light. Is it not the faint light that is quietly growing that we celebrate every Christmas?



## Thanks and information from the Council

In the council, besides preserving and communicating Martinus's works, we are focussed on continuously developing the facilities for those people who are interested and inspired by this work so that they can meet to study and discuss it in as good and inspiring surroundings as possible. For this reason we are working in particular on maintaining, renovating and building at the Martinus Centre, Klint. We have rebuilt the office area behind reception so that it is now more modern, beautiful and user-friendly. The long-term plan is to concentrate the administration in Klint so that the co-workers can meet, converse and cooperate more easily on a daily basis in a pleasant and functional office environment that brings life to the Centre all year round, and where everyone is welcome to come by and say hello.

We also have plans to extend the café, which increasingly attracts visitors and which functions as a cosy meeting place – also outside the summer season and also for passers-by.

Another central part of the Centre is the cabin and camping site, where we are at the moment building three new, large double cabins and planning to renovate the site's kitchen and toilet building so that there will be more opportunities for volunteer staff, course participants and not least young people and families with children to live in cosy and inexpensive accommodation (in cabins or tents). We have made an overall plan for the area, including planting, so that the whole area will be more inviting and be a gathering point where volunteers and course

participants can meet to eat, live and converse.

Finally, we are working on plans for a partial renovation of Restaurant Terrassen, so that the building will be even more cosy and suitable for use all year round, just as we are working with draft plans for new buildings in the form of a new teaching building, an orangery, and a storehouse. The realisation of the bigger projects in particular are of course dependent on the financial resources that are available to us. The day-to-day operation and development of the great cause that we are all a part of would not be possible without countless contributions from a large number of people who, each in their own way, give their time, their energy, their enthusiasm and monetary donations. We would like to express our appreciation and thanks for this.





### Help and support in the new year

There are several ways in which those interested can support the Institute's work: by making a financial contribution, by taking part in courses, by buying books and subscribing to the magazine *Kosmos* (the English edition is, however, free and available online only) and by helping voluntarily in connection with the Institute's and the Centre's many activities (read more about being a volunteer under Support the cause on [martinus.dk](http://martinus.dk)).

We wish everyone a merry Christmas and a happy new year in 2024!

The council of the Martinus Institute:

Willy Kuijper,  
Jens Christian Hermansen,  
Kenneth Ibsen,  
Micael Söderberg,  
Ingvar Haubjerg Nielsen,  
Arendse Plesner

### A long journey is coming to an end

In August 2016 the Council – in accordance with recommendations for good governance of foundations – agreed on an age limit, which for members of the council is 80 years. In January 2024, Willy Kuijper will reach this age and will therefore step down as a member of the Council and as chairperson for the Council. The new chairperson will be Kenneth Ibsen. It has been a long and eventful journey since May 1980, when Willy, at Martinus's request, joined the Institute's board or council. Read more in the Danish edition of *Kosmos* no. 1, 2024, where he tells us more about his experiences. Here there will also be additional details about the composition of the Council in the future, including the appointment and resignation of council members and the rotation of the posts of chairperson and vice-chairperson. Willy will fortunately not disappear entirely, since he will continue in an advisory capacity as a "commissioner". So the Council can continue to take advantage of his comprehensive experience from his long journey.



Christmas Eve in Erik Gerner Larsson's flat at the Martinus Institute, 1963. Photo: Tage Buch

## Donations to the Martinus Institute

If you would like to support us, you can do so by sending a donation to Fonden Martinus Åndsvidenskabelige Institut (The Martinus Institute of Spiritual Science Foundation) in one of the following ways:

Denmark:	MobilePay No. 931514 Bank Account 3565-0016913170
Sweden:	Plusgiro Account 7 40 39-9
Norway:	Bank account 81 110 775 105
International:	IBAN: DK07 3000 0016 9131 70 BIC/SWIFT: DABADKKK
Payment card::	<u><a href="https://martinus.dk/en/martinus-institute/gifts-and-legacies/support-in-the-form-of-monetary-gifts">martinus.dk/en/martinus-institute/gifts-and-legacies/support-in-the-form-of-monetary-gifts</a></u>



